

WASHINGTON TERRACE SENIOR CENTER

AUGUST 2024

New Hours of Operation: Monday to Friday from 9:00 am to 2:30 pm.

LUNCH: 12:00 pm to 1:00 pm (Must RSVP 24 hours in advance)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LOW IMPACT EXERCISE MONDAYS, 9:00am-10:00am		CERAMICS WEDNESDAYS, 9:00am-12:00pm by KAREN PADILLA	LOW IMPACT EXERCISE THURSDAYS, 9:00am-10:00am	CERAMICS WEDNESDAYS, 9:00am-12:00pm by KAREN PADILLA
ART/PAINTING MONDAYS, 12:00pm-2:30pm by RON HARVEY	TUESDAYS, LIVE MUSIC and DANCING 10:30am-12:00pm	WEDNESDAYS, LIVE MUSIC and DANCING 10:30am-12:00pm	TAI-CHI THURSDAYS, 10:00am-11:00am by ELLEN RANTZ	FRIDAYS, LIVE MUSIC and DANCING 10:30am-12:00pm
LOOSEY-GOOSEY DICE GAME MOST MORNINGS at 9:00am-10:00am		INTERMEDIATE LINE DANCING WEDNESDAYS, 1:00pm-2:30pm by CHRIS STEGAN	ART/PAINTING THURSDAY, 12:00pm-2:30pm by RON HARVEY	BEGINNING LINE DANCING FRIDAYS, 1:00pm-2:30pm by EVELYN BIRD
MEXICAN TRAIN DOMINOS GAME MONDAY'S-FRIDAY'S at 1:00pm-2:30pm		HAND & FOOT CARD GAME WEDNESDAYS, 1:00pm-2:30pm	BINGO THURSDAYS, AUGUST 1 ST /15 TH / 1:00pm-2:00pm	
	FRAUD AND SCAM ALERT TUESDAY, AUGUST 27th/ 12:30pm (DURING LUNCH!) LEARN TO BE AWARE! BRING A FRIEND.	BLOOD PRESSURE WEDNESDAY, AUGUST 14TH/ 11:30am-12:30pm		
		FOOT CLINIC WEDNESDAY, AUGUST 28TH/ 10:00am		