

WASHINGTON TERRACE SENIOR CENTER

JANUARY 2025

**Hours of Operation: Monday to Friday from 9:00 am to 2:30 pm.**

**LUNCH: 12:00 pm to 1:00 pm (Must RSVP 24 hours in advance)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>LOW IMPACT EXERCISE</b> 9:00am		<b>CERAMICS</b> 9:00 am	<b>LOW IMPACT EXERCISE</b> 9:00am	<b>CERAMICS</b> 9:00am
<b>ART CLASS</b> 12:00pm by Ron Harvey	<b>MUSIC and DANCING</b> with the BAND 10:30am -12:00pm	<b>MUSIC and DANCING</b> with the BAND 10:30am-12:00pm	<b>TAI CHI</b> 10:00am by Ellen Rantz	<b>MUSIC and DANCING</b> with the BAND 10:30am -12:00pm
<b>CHRISTMAS DECORATING PARTY!</b> Monday, December 2 <sup>nd</sup> at 9am Come and decorate the center.			<b>ART/OIL PAINTING</b> 12:00pm by Ron Harvey	
<b>HAND &amp; FOOT CARD GAME</b> Wednesdays, 1:00pm		<b>INTERMEDIATE LINE DANCING</b> 1:00pm by Chris Stegan	<b>BINGO</b> Thursday, November 5 <sup>th</sup> / & 19 <sup>th</sup> / 1:00pm	<b>BEGINNING LINE DANCING</b> 1:00pm by Evelyn Bird
<b>DOMINOS TRAIN GAME</b> Every afternoon 1:00pm				
		<b>FOOT CLINIC</b> by CANYON HOMECARE and HOSPICE WEDNESDAY, JANUARY 22 <sup>ND</sup> / at 10:00am		