

# Washington Terrace Senior Center

## February 2025

**Hours of Operations: Monday to Friday from 9:00 a.m. to 2:30 p.m.**

**LUNCH: 12:00 Noon to 1:00 pm (Must RSVP 24 Hours in advance)**

Monday	Tuesday	Wednesday	Thursday	Friday
Low Impact Exercise 9:00 AM to 10:00 AM	Live Music and Dancing 10:00 AM to 12:00 noon	Painting Ceramics 9:00 AM to 12:00 noon	Low Impact Exercise 9:00 AM to 10:00 AM	Painting Ceramics 9:00 AM to 12:00 Noon
Art Class By: Ron Harvey 12:30 PM to 2:00 PM	Painting Ceramics 0:30 AM to 12:00 noon	Live Music and Dancing will start back up on Thurs February 20 <sup>th</sup> at 10:00 AM	Tai Chi By: Ellen Rantz 10:30 AM to 12:00 Noon	Live Music and Dancing
Dominos Train Game 1:00 PM to 2:10PM		Foot Clinic By: Canyon Homecare & Hospice Wednesday February 26th 10:00 AM RSVP to reserve your space	BINGO February 6 <sup>th</sup> 1:00 PM to 2:00 Prizes are being donated By: TREEO	<b><u>February 14<sup>th</sup> / FRIENDSHIP Dance</u></b> 10:30 AM to 12:00 Noon cupcakes donated by TREEO for month birthdays
		Intermediate Line Dancing By: Chris Stegen 1:00 PM to 2:00 PM	BINGO February 20 <sup>th</sup> 1:00 PM to 2:00 PM	Beginning Line Dancing By: Evelyn Bird 1:00 PM to 2:00 PM
		Hand and Foot Card Game 1:00 PM to 2:10 PM		