

# Washington Terrace Senior Center

## May 2026

Hours of Operation: **Monday - Friday from 9:00 AM to 2:30 PM**

Lunches are served from 12:00 Noon to 1:00 p.m. (Please R.S.V.P. 24 hours in Advance)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Low Impact Exercises</b> 9:00 a.m. - 10:00 a.m.	<b>New Activity</b> <b>Porclaine Doll Class</b> 10:00 a.m. - 2:00 p.m.	<b>CERAMICS</b> 10:00 a.m. - 2:00 p.m.	<b>Low Impact Exercises</b> 9:00 a.m. - 10:00 a.m.	<b>CERAMICS</b> 10:00 a.m.- 2:00 p.m.
<b>New Activity</b> <b>Step by Step</b> Beginners Line Dancing by: Jan Leah 11:00 - 12:00 noon	<b>LIVE MUSIC</b> Second Generation Band 10:30 a.m. - 12:00 noon	<b>LIVE MUSIC</b> Second Generation Band 10:30 a.m. - 12:00 noon	<b>BINGO</b> <b>Thursday May 7th</b> Trissy from Ogden Vision Center will be our guest	<b>LIVE MUSIC</b> Senior Moments 10:30 a.m. - 12:00 noon
<b>Oil Painting Art Class</b> by: Ron Harvey 12:00 noon - 2:00 p.m.	<b>Medicare Minute</b> by: WHS w/Shantel & Ale <b>Tuesday the 12TH</b> 12:00 noon to 1:00 p.m.	<b>Hand Quilting</b> Every Wednesday 9:00 a.m. - 12:00 noon		<b>Beginning Line Dancing</b> by: Evelyn Bird 1:00 p.m.- 2:00 p.m.
<b>Art Class members</b> Continue to add your beautiful art work on the <a href="https://wmseniorart.net">website below</a> <a href="https://wmseniorart.net">https://wmseniorart.net</a>		<b>INTERMEDIATE</b> Line Dancing By: Chris Stegen 1:00 p.m. - 2:00 p.m.	<b>Celebrating MAY'S</b> <b>Birthdays</b> with cupcakes <b>from TREEO</b> <b>Wednesday the 13TH</b>	<b>Come see what we have</b> in our Ceramic Class!! We have a variety of ceramics for you to choose from Lets continue to add more and update our beautiful art work on the website below  <a href="https://wmseniorart.net">https://wmseniorart.net</a>
	<b>BINGO</b> <b>Tuesday May 19th</b> Liesl from Leavitts Mortuary will be our guest 1:00 p.m. - 2:00 p.m.	<b>Wednesday the 13th</b> <b>NACHO'S TREAT DAY</b> with Salsa and Chips 10:00 a.m. - 11:30 a.m.	<b>Hand and Foot Cards</b> Come learn how to play Every morning and Weds after lunch til 2:00 p.m.	
		<b>\$5.00 Haircuts</b> by: <b>Great Clips w/ Leah</b> <b>Wednesday the 13TH</b> 10:00 a.m. - 12:00 noon		<b>Guest presentation speaker</b> <b>Lattitude Legal Srvs's</b> with Braden Hess
		<b>FOOT CLINIC</b> by: CANYON HOMECARE and HOSPICE <b>Wednesday the 27th</b> 10:00 a.m. - 12:00 noon this month is <b>Peditrist</b>	<b>Come and play a game of</b> <b>Pool or Ping pong table</b> anytime after lunch <b>Available downstairs</b>	<b>Friday May 8th</b> 12:00 noon 1:00 p.m.
<b>DOMINO'S Train Game</b> played every Morning and after lunch until 2:00 p.m.				