

# WASHINGTON TERRACE SENIOR CENTER

## October 2025

Hours of Operations: Monday through Friday from 9:00 am to 2:30 pm

Lunch: Noon to 1:00 pm *(Please RSVP your lunch 24 Hours in Advance)*

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Low Impact Exercises</b> 9:00 a.m. - 10:00 a.m.	<b>CERAMICS</b> 12:30 - 2:00 p.m.	<b>LIVE MUSIC</b> Second Generation Band 10:30 - 12:00 noon	<b>Low Impact Exercises</b> 9:00 a.m. - 10:00 a.m.	<b>Ceramics/Creative Crafts</b> 10:00 a.m.- 12:00 noon
<b>OIL ART CLASS</b> by: Ron Harvey 12:00 noon - 2:00 p.m.	<b>LIVE MUSIC</b> Second Generation Band 10:30 a.m. - 12:00 noon	<b>Hand Quilting</b> Every Wednesday 9:00 a.m. - 12:00 noon	<b>TAI CHI</b> by: Ellen Rantz 10:00 a.m. - 11:00 a.m.	<b>LIVE MUSIC</b> By: Talented Senior Musicians 10:30 a.m. - 12:00 noon
<b>DOMINO'S TRAIN GAME</b> Played every Morning and after Lunch until 2:00 p.m.	<b>Medicare Minute</b> By: Madeline w/ WHS <b>Tuesday</b> the <b>9th</b> 12:00 p.m. - 1:00 p.m.	<b>INTERMEDIATE Line Dancing</b> By: Chris Stegen 1:00 p.m. - 2:00 p.m.	<b>BINGO</b> September <b>4th - 18th</b> 1:00 p.m. 2:00 p.m.	<b>Beginning Line Dancing</b> by: Evelyn Bird 1:00 p.m. - 2:00 p.m.
		<b>Hand &amp; Foot Card Game</b> 1:00 p.m. - 2:15 p.m.	<b>Ceramics/Creative Crafts</b> Every other Thursday 10:00 a.m. - 2:00 p.m.	<b>Halloween Dance</b> Friday, October 31st 10:30 a.m. - 12:00 noon Costumes and treats to share are welcome
		<b>National Cat day</b>  We invite everyone to dress up as your favorite cat!  Store bought Refreshments to share are welcome!		